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New MHFA training dates now available

Mental Health First Aid Yorkshire and the Humber has issued its autumn training schedule with new dates available from September onwards. Limited subsidised places are available at £80 for the two-day course.

The training is now available across Yorkshire and the Humber with courses available from Grimsby to Halifax and Barnsley to Scunthorpe. Dates are also available for block-booking by organisations with a training room and 12-15 staff interested in attending. Keep an eye on the website for training dates coming to your area www.mentalhealthfirstaidyorksandhumber.org

The two-day intensive course trains 'Mental Health First Aiders' to recognise the early signs and symptoms of mental health problems and explains how to offer practical help to those in distress. The course can help the development of a healthy, stress-free workplace.

The training is aimed at those with little or no prior knowledge of mental health issues.

September 2008 dates

11th & 12th - Available for block booking
18th & 19th - Grimsby
25th & 26th - Leeds
30th Sept & 1st Oct- Halifax

October 2008 dates

6th & 7th – Available for block booking
8th & 9th – Grimsby
13th & 14th – Available for block booking
17th & 20th – Scunthorpe
20th & 21st – Available for block booking
23rd & 24th – Available for block booking
27th & 28th – Available for block booking
30th & 31st – Leeds

November 2008 dates

3rd & 4th - Available for block booking
5th & 6th - Scunthorpe
6th & 7th - Available for block booking
10th & 17th - Available for block booking
17th & 18th - Available for block booking
20th & 21st - Halifax
21st & 24th - Available for block booking
26th & 27th - Leeds

Book early to avoid disappointment by phoning the MHFA
office on 0845 838 9928 or emailing
mhfa@commlinks.co.uk

Many thanks for your interest

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www.mentalhealthfirstaidyorksandhumber.org